

 **WALK WITH US!**

VOLUNTEER FOR THE WALKING SCHOOL BUS



GET OUTSIDE, GET ACTIVE, AND SUPPORT YOUR COMMUNITY SCHOOL!

We're always looking for volunteers to help students safely walk to school.

WHAT IS A WALKING SCHOOL BUS?

The Walking School Bus is a safe and fun way for elementary age students (K-5) to get to school. Each Walking School Bus has at least one trained adult 'bus driver'. The 'bus' walks along a specific route picking up students at specified 'bus-stops' near students' homes along the way.

WHAT'S EXPECTED OF OUR VOLUNTEERS?

- Volunteer as a Walk Leader as little as one day per week (more if you'd like)
- Attend a 1-hour training session
- Agree to a criminal background check
- Guide students on a max 30 minute walk to school at a casual pace
- Get out, get active, and have fun in your community!

HOW VOLUNTEERING WORKS:

Each Volunteer Walk Leader will receive training, support, and operational information describing program policies on child behavior, cancellations due to inclement weather, and ideas for making the walks fun and enjoyable for everyone.

Volunteer Leaders are then assigned to share one group of children along one of our predetermined Walking School Bus routes.

Serving as a Volunteer Walk Leader is a great way to connect with local students and the larger neighborhood.

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WHO CAN VOLUNTEER?

All members of the community are welcome to volunteer.

WHY IS WALKING TO SCHOOL IMPORTANT?

IT ENERGIZES KIDS FOR LEARNING - Kids get exercise, fresh air, and arrive at school ready to learn.

IT BUILDS A STRONGER COMMUNITY - The walk provides social opportunities for children and parents within their community.

IT PROMOTES SAFETY - Trained adult volunteers guide students safely to and from school.

IT INSPIRES CONFIDENCE - Kids develop skills to walk SAFELY to school and around their town.

IT REDUCES TRAFFIC - Walking to school reduces traffic congestion at the school and in the surrounding community.

IT IS JUST MORE FUN! - Each child receives a frequent walker card and can earn prizes!

GET MORE INFORMATION ABOUT THE WALKING SCHOOL BUS!

www.WalkingSchoolBus.me

Volunteer for the Walking School Bus today! Our volunteer 'bus drivers' are at the heart of the Walking School Bus and the community.



Maine Center for Disease Control and Prevention

An Office of the Department of Health and Human Services

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

